



# Holt-Dimondale Soccer Organization



The Holt-Dimondale Soccer Organization (HDSO) is looking to grow our program, and get more kids in our area playing soccer. There are many benefits to children who play soccer, both physical and social. Soccer improves speed, agility, flexibility, quickness and endurance, and is a great sport for improving cardiovascular health. Playing on any “team” sport is beneficial for social development as well, and soccer is no exception as it requires a coordinated team effort and communication to be successful on the field. Through our partnerships with the Holt High School soccer program, Holt Jr. Rams and Michigan Rush Capital Area, we are able to offer a wide variety of soccer options for our local youth. These range from relatively informal/recreational soccer, to teams competing at the highest levels in Michigan, as well as summer camps and winter training programs.

## • Recreational Soccer

- Delhi Parks & Recreation (Kindergarten – 4<sup>th</sup> grade)
  - Co-ed teams, played in the Fall only
- East Side Soccer League (register through Delhi Parks & Rec in June)
  - 2<sup>nd</sup> – 8<sup>th</sup> grade
  - Girls/Boys separate teams
  - No Tryouts, limited local travel, Fall & Spring seasons
  - [www.delhitownship.com/parks-recreation.htm](http://www.delhitownship.com/parks-recreation.htm) or 517-694-1549

## • CASL (Capital Area Soccer League)

- Registration/Tryouts for 2014-2015 season will be held June 17 & 18, 2014 @ the Holt 9<sup>th</sup> Grade Campus fields (inside the fence)
- Under 9 – Under 19 (based on age as of July 31), Local travel, Fall & Spring seasons
- While technically “tryout” based, HDSO makes every effort to include all children wanting to play at this level
- More information & online registration is available at [www.holtsoccer.org](http://www.holtsoccer.org)
- Financial Aid is available, providing a very low cost opportunity to play competitive soccer
- HDSO provides training opportunities for our coaches as well, including reimbursement for obtaining your USSF “E” License
- CASL website - [www.caslsoccer.org](http://www.caslsoccer.org)

## • Michigan Rush CA & Holt Jr. Rams Academy Program

- Camps and training opportunities offered throughout the year
- For more information on all of the options available, go to [www.holtsoccer.org](http://www.holtsoccer.org)
- Follow us on Facebook & Twitter for frequent updates and other soccer related information





Holt-Diamondale Soccer Organization



## SUMMER 2014 SOCCER OPPORTUNITIES

(More information on all these opportunities can be found on our homepage at [www.holtsooccer.org](http://www.holtsooccer.org) under "Summer Soccer Opportunities")

### Offered by Rush CA in Holt:

Summer Soccer School

Ages U8 – U14

Tuesdays & Thursdays 6:30-8:00pm @ Holt 9<sup>th</sup> Grade campus

June, 24, 26

July 8, 10, 15, 17, 22 & 24

Rush CA Jr. Academy

Ages U5 – U7

Monday, August 4 – Thursday, Aug 7, 6:00-7:30pm @ Holt 9<sup>th</sup> Grade campus

### Offered by Lansing United in East Lansing:

Lansing United Summer Soccer Camp

Monday, June 23 – Thursday, June 26, 9:00am-Noon @ East Lansing Soccer Complex

Monday, July 7 – Thursday, July 10, 9:00am-Noon @ East Lansing Soccer Complex

<http://lanunited.com/team/camps-clinics/>

### 4v4 Tournaments:

Mid Michigan Cup

4v4 Tournament Series held at locations in Holt, Jackson, Grand Ledge & East Lansing

[www.midmichigancup.com](http://www.midmichigancup.com)

Visit <http://caslsooccer.org/4v4-summer-fun> for information on other local 4v4 tournaments this summer (typical locations include Williamston, Bath, Mason & Dewitt)

Other summer soccer opportunities will be posted at [www.holtsooccer.org](http://www.holtsooccer.org) as the details become available.